



“Health Restored. Life Renewed.”

Mall Address:
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Office Address:
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City Fairview, Brgy Pasong Putik, Quezon City
Philippines, 1118

January 28, 2024

MEDICAL CERTIFICATE

A week prior my visit to a chiropractic doctor, the pain is around 7 to 8/10. When the pain somehow subsided due to the pain reliever, I was able to visit the clinic.

PT. SIOSON, PAULINE
DOB: MAY 6, 1994
ADDRESS: GARDEN HEIGHTS CONDOMINIUM QC.

To Whom it may concern:

Ms. Pauline Sioson, a 29 year-old female, presented to our office on January 28, 2024 with a chief complaint of lower back pain. The patient stated the pain is 4/10 with 10 being the worst pain imaginable.

Examination: Palpation of cervical, thoracic and lumbar spine revealed hypertonic paraspinal musculature, taught and tender fibers and tenderness to touch over multiple spinal segments in the C/T/L spine. Decreased range of motion with flexion and pain with extension in the lumbar spine.

Diagnosis: M54.5 - Low back pain
M25.551 - Pain in right hip

Recommendation: The patient has been recommended to undergo spinal manipulative therapy two times a week for six weeks to restore the joint function and decrease the inflammation. The patient has also been recommended to stretch and use ice at home.

If you have any further questions, please contact us at the number provided.

Sincerely,

JEROME F. STECKLER D.C.
Spine & Nerve Specialist
CCH 017-035