

Ailen Albaña Tamargo, MD FPCP FPCC FPSE

Internal Medicine * Cardiology * Advanced Echocardiography

Manila Doctors Hospital
Room 1109 MAB2
Monday & Wednesday 10-12nn
Secretary: 0917-5066280
8558-0688 loc. 4914

St. Vincent, Conception Marikina
Room 206 Annex building
Tuesday & Thursday 1-3pm
Secretary: 0977-7034644

MMNSI, Tumana Marikina
Tuesday 10-12nn
8721-6130 / 0917-1454091

San Mateo Medical Center
Room 703
Tuesday & Thursday 4-6pm
0955-1404346
By Appointment

TMC SM San Mateo
Wednesday 1-3pm
8656-0154/0917-8480653

Padre Pio Hospital
Room 301
Wednesday 3-5pm
8656-3475 loc 7
0956-3965614

Valleymed Clinic, Nangka Marikina
Friday 10-12nn
Strictly by appointment only
0917-8998259 / 0919-0037918

Hospital Affiliations:
Manila Doctors Hospital
The Medical City (Ortigas)
St. Vincent Marikina
Padre Pio Hospital (San Mateo)
San Mateo Medical Center
Telemedicine Facebook Page:
Ailen Albaña - Tamargo MD:
Internist/ Cardiologist Online

Patient Name: _____ Age _____ Sex _____
Address JORDAN GEVELA 24 M July 10, 2025
Date



MEDICAL CERTIFICATE

This is to certify that above patient was seen and examined at

St. Vincent Hospital.

DIAGNOSIS: PRE-HYPERTENSION/ WHITE COAT HYPERTENSION

Continue Losartan for now.

Advised 24 hour ambulatory BP monitoring.

FIT TO WORK.

NO BRAND SWITCHING PLEASE

AILEN TAMARGO

Lic. No. : 115851

PTR No. : 9873736