

Medrano, John Paulo
DOB: Jan-17-1995 (29/M)

MedicalCertificate PDF

Date: Jun. 19, 2024
Time: 04:31PM

MEDICAL CERTIFICATE

This is to certify that I have seen the patient on June 19, 2024.

Consultation Details:

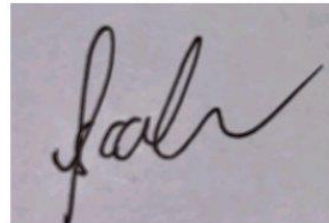
Diagnosis:

Acute upper respiratory tract infection (ICD Code J06.9)

Recommendation:

Not Fit to Work

Patient is advised to rest and isolate for at least 3 to 5 days from the onset of symptoms, medical certificate is given. Medication prescribed, please see Rx. Monitor vital signs every 6 hours and record. Practice minimum public health standards. Increase oral fluid intake preferably warm or lukewarm. May gargle with warm saline solution at least twice a day after meals. Diet as tolerated but avoid cold, sweet, sour food and drinks. May nebulize with 2ml of sterile or distilled water or do steam inhalation therapy (with burn precautions) every 8 hours. Avoid exposure



Dr. Reymark Calma

PRC No.: 0115655

PTR: 7920712

S2:



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